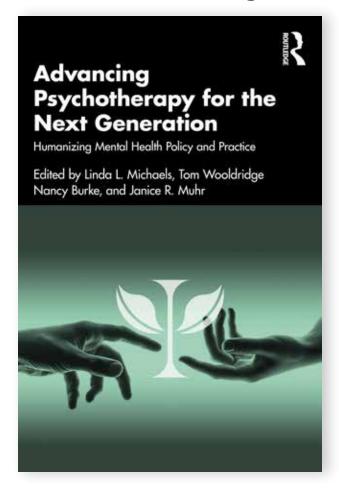


## Advancing Psychotherapy for the Next Generation

## Humanizing Mental Health Policy and Practice



This book brings together a global community of mental health professionals to offer a contemporary assessment of psychoanalytic and other relationally based depth therapies.

The broader social, political, and economic context and its implications are considered, as is the cost-effectiveness of therapy, issues of parity and managed care, and the pervasive biases against therapies of depth, insight and relationship.

Authors consider racial and cultural diversity and address applications of depth therapy for minority populations, for community work, and for children. They confront timely issues, such as problems with our current diagnostic system and the benefits and risks of new technologies and online platforms. Original research on the public's attitudes and preferences regarding therapy should be of interest to all psychotherapists and those studying to enter the field.



Order today at www.routledge.com March 2023 • 307 pages • ISBN: 978-1-032-35146-9

\*\*With our society facing a youth mental health crisis and with parity in treatment yet to be achieved, the careful examinations provided by Nancy McWilliams, Farhad Dalal, Pratyusha Tummala-Narra, Susan G. Lazar, Kirk Schneider, Todd Essig, Bill Meyer, Meiram Bendat, and other notable authors, are invaluable. \*\*

AMY LAUREN KENNEDY, THE KENNEDY FORUM