Advancing Psychotherapy for the Next Generation:
Rehumanizing Mental Health Policy and Practice

Friday, 13 December 2019
The Case for Therapies of Depth, Insight and Relationship

Making the case for therapies of depth, insight and relationship

9:30 – 10  Registration

10:00 -10:15 Welcome - Nancy Burke, PhD, Linda Michaels, PsyD MBA, Janice Muhr, PhD, PsiAN Co Chairs

10:15 - 11:00 Bill Meyer, MSW - The Clinical Evidence and Profound Value of Long-Term Treatment

11:00 - 11:45 Susan G. Lazar, MD - The Cost-Effectiveness of Psychodynamic Therapy: The Patients Who Need It and Obstacles to its Provision

11:45 - 1:00 Lunch

1:00 - 1:45 John Thor Cornelius, MD - Dynamic Therapies and Psychosis: An Introduction

1:45 - 2:30 Jonathan Shedler, PhD - Where is the Evidence for “Evidence Based” Therapy? Gaslighting America about mental health

2:30 - 3:15 Joint Q&A with above speakers re: the case for therapies of depth, insight and relationship, with moderator Erika Schmidt, MSW

3:15 - 3:30 break
Making it happen - talk therapy in the community

3:30 - 4:45 Psychotherapy in Multiple Arenas, Chair: James Holmes, LP, DrPH
  Reflective Spaces/Material Places - Lani Chow, PhD
  The VA - Holly Passi, PsyD
  Northern California Society for Psychoanalytic Psychology - Molly Russo, PsyD
  NYU Postdoc - Ghislaine Boulanger, PhD
  The Kedzie Center - Angela Sedeño, PhD

5:00 - 6:15 Roundtable: Showcasing Depth Psychotherapy in San Francisco’s Community Mental Health Settings – It can be done! Chair: Jeffrey Suiter, PsyD
  ● Access Institute - Bart Magee, PhD
  ● RAMS Inc - Sachi Inoue, PhD
  ● Oakes Children’s Center - Angie Branham, PhD
  ● Partnerships for Trauma Recovery - Annika Sridharan, PhD
  ● A Home Within - Julia Nelson

Saturday, 14 December 2019
Psychotherapy in the Crosshairs

Psychotherapy Under Threat: Quality Care and the Ethical Imperative to Preserve it

8:30 - 8:45 Welcome - PsiAN Co Chairs

8:45 - 9:30 Oksana Yakushko, PhD – Don’t Worry, Be Happy: Being Pollyannan in the Age of Anti-Therapy: Positive Psychology’s Ethics Problem.

9:30 - 10:15 Enrico Gnaulati, PhD – In-Depth Psychotherapy Under Threat: Quality Care and the Ethical Imperative to Preserve it

10:15 - 10:30 break

10:30 - 11:15 Allan Scholom, PhD -- The Psycho-Politics of Evidence Based Practice and the Assault on Our Mental Health and Mental Health Care: Ethical Implications

11:15 - 12:00 Todd Essig, PhD -- Advocating For Therapy As Human Relationship And Against Therapy As Algorithm: Toward an Ethics of Humanism in Psychotherapy

12:00 - 12:30 Joint Q&A re: threats to therapy, with moderator Ricardo Rieppi, PhD

12:30 - 1:30 Lunch
Threats to therapy in the professions -- professional organizations and education

1:30 - 3 Threats and successes in education, Chair: Melodie Schaefer, PsyD
   ● Bryant Welch, PhD - We Did It Once and We Can Do It Again
   ● Melodie Schaefer, PsyD - At the table or on the menu? - Tales of advocacy and ways to move forward
   ● Laura Groshong, LICSW - Keeping the Flame Alive: Challenges to Training in Psychoanalytic Clinical Social Work
   ● Steven Reidbord, MD -- Psychodynamic focus in psychiatry education

3 - 3:30 break

3:30 - 4:15 Farhad Dalal, PhD - The Cognitive Behavioural Tsunami (How fake news and corrupt science have been used to destroy psychotherapy in the UK)

4:15 - 5 Joint Q&A re: threats to therapy in the profession, with moderator Colin Ennis, PsyD

5 - 6:15 Roundtable -- Psychotherapy in Education in Action, Chair: Francisco Gonzalez, MD
   ● California Institute of Integral Studies -- Rene Dumetz, PhD
   ● Existential Humanistic Institute -- Kirk Schneider, PhD
   ● Psychoanalytic Institute of Northern California -- Rachael Peltz, PhD
   ● San Francisco Center for Psychoanalysis -- Walt Beckman, PhD

6:30 - 7:30 Happy hour cash bar hosted at SFCP

Sunday, 15 December 2019
Advocacy Day

What can we do to save talk therapy?

8:45 - 9:00 Welcome - PsiAN Co Chairs

9:00 - 9:45 Claude Barbre, PhD - I Can't Go On, I'll Go On: Witnessing, Weathering, and Activist Stewardship

9:45 - 10:30 Meiram Bendat, JD, PhD - Advocating for psychotherapy in the courts and beyond

10:30 - 10:45 coffee break

10:45 - 12:00 Brad Boivin, PsyD - Advocating for Psychotherapy: The Power of Relationship and Constituency
12 - 1 Q&A/Concluding Discussion with Meiram Bendat, Enrico Gnaulati, Farhad Dalal, Bill Meyer, Jonathan Shedler and other speakers from the previous two days, with moderator Deb Hutton, PhD
(over lunch)

1:00 - 2:30 Advocacy brainstorming and the birth of PsiAN San Francisco!
Nancy Burke, PhD, Linda Michaels, PsyD MBA, Janice Muhr, PhD, PsiAN Co Chairs